



2012



Apnoea Research protocol

In the setting of the AIDA apnea World championship in Nice we want to understand the factors that lead to the syncope and to identify whether some subjects are particularly prone to syncope. This study will take place between the 8/09 at 16/09 (possibly before if you can).

For that, after a short electrocardiogram at rest, and a warm up, you performed an apnoea at 60% of your personal best. Blood samples will be performed before (10ml), during (2ml/each minutes and after (10ml) of your static apnoea. The Saturation in O₂ will be permanently controlled as well as the cardiac frequency. All information will be confidential and you will receive personal analyses few months after the World Championship. If you want to participate in this study (during your training sessions for example) to fill the form here under:

Name:

Surname:

E-mail:

Age:

Height:

Weight:

Best CWT (m):

Best Static apnea (min & s):

Best DWF (m):

Did you experience a blackout previously?: (yes or no)

Availability (date, hours):

Contact for more information and to send the form filled:

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